

Tutors Assignment Correction Guide

Module 5 Educational Theory and Practise

Unit 5.5 Personal Development

In this Unit students are expected to explore creative strategies for confronting the issues related to their personal development. The exercises and activities included in each section are for their reflections and analysis of the various factors that can contribute to their personal development. Clearly, there are no right and wrong answers but students will require support and guidance when needed. Students' involvement in the exercises will help them to evaluate their progress throughout the unit and contribute to the completion of the major assignment.

The unit consists of one major assignment, which requires the trainees to conduct an in-depth self- study. The criteria for successful completion of this assignment are on page 4. Emphasis for this assignment should be placed on the students' depth of analysis of the issues on personal development and the organisation of their ideas presented in a comprehensive written report.

You are required to discuss deadline dates for submission of this assignment with your students. You may ask students who have not satisfactorily completed the assignment to re-submit it.



Assignment 5.5-1

Unit 5.5 Personal Development

Do extensive examination and analysis of yourself, incorporating the topics and principles covered in this unit. Identify your strengths and weaknesses in each area, based on the knowledge and skills learnt in this unit, outline strategies that you may use to improve and develop your self.

Guidelines:

1. Give a good overview of your background, family and your psychological needs.
2. Present self-assessment under each of the following areas:
 - Your personal mission statement.
 - Self -concept and self esteem (for example – how does your physical appearance and intellectual development affect your self concept?)
 - Goal Setting (What goals have you set and how do you plan to achieve them)
 - Lifestyle (Identify areas in your lifestyle that you may wish to change and suggest ways of initiating these changes)
 - Values (Your hierarchy of values – What do you value most?)
 - Assertiveness (How assertive are you? How do you plan to deal with asserting yourself?)
 - Stress (Identify the major stressors in your life. How do you plan to reduce and manage them?)
 - Time Management (Identify the major time wasters in your life. How do you plan to eliminate these time wasters?)
 - Study Strategies (Assessment of your study style. Are they working for you?)
 - Learning Styles (In what ways can you utilise the knowledge about lifestyle)
 - Attitudes (What steps have you taken to create a more positive attitude?)
 - Habits (What habits have you changed?)

You may wish to share any negative or positive experiences as they relate to any of the topics.

This Guide is to assist you in correction of the Major Assignment for this unit.

If more than one Tutor is involved with Student grading in your institution, it will also assist in ensuring that there is a consistency in weighting of the assignment.

For this Unit, emphasis should be placed on the student's depth of analysis of his/herself in relation to factors covered in this unit and the organisation of these ideas in a comprehensive written report.

CRITERIA FOR ASSESSMENT

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| Completeness of analysis related to guidelines | <i>25 marks</i> |
| Coherence between mission statement and following discussion | <i>10 marks</i> |
| Logical organisation of material | <i>15 marks</i> |
| Clarity of points | <i>15 marks</i> |
| Presentation | <i>10 marks</i> |

Score: -----